**Cancer support for our [members and their families].**

Cancer touches everyone. Cancer care should, too. Osara Health is empowering individuals living with cancer through empathy and technology - because you’re a valued [member] of our team, you and your family have got the support you need to keep going.

**How does it help?**

Cancer Coach by Osara.

Cancer Coach is an education, support and behaviour change program designed by oncologists to help people take back control of their cancer care and achieve better outcomes.

Download the program explanation guide.

PDF download -

Cancer Caregivers by Osara.

Cancer Caregivers is designed to equip people with the support, information and skills to best look after their loved one living with cancer and improve their clinical outcomes.

Download the program explanation guide.

PDF download -

These are delivered flexibly and confidentially over 6 - 12 weeks through a mix of telephone calls with a Health Coach, via email and in-app. When you enrol, you will be contacted by a Health Coach who will walk you through everything.

**Enrol in Osara Health Cancer Support Programs.**

● Visit [Osara Health landing page link]

o Self-enrolment: You can enrol confidentially yourself.

o Referred by the Association: The Association can refer you directly if you are comfortable sharing with a member of the Association. .

**Want to learn more?**

● Visit the Osara Health landing page for further information and access to the two enrolment methods for either program. [Osara Health landing page link]

● Or reach out to [Association contact person]

**FAQs**.

PDF download -