

# A digital oncology program proven to reduce the impact of cancer on your organization

## Support for your people that improves your bottom line

Osara Health is a physician-founded company that combines award-winning technology with personalized coaching to support your people:

**Cancer Coach - for those diagnosed with cancer**

**Cancer Caregivers - for caregivers of cancer**

Osara's programs are rooted in evidence-based, behavior change principles that shows patients who better self-manage and adopt healthy behaviors have fewer treatment discontinuations, improved outcomes, lower costs and an earlier return to work. A link to Osara Health's peer-reviewed clinical research can be found [here](#).



**"You have cancer."**

Those three words will change the lives of your people, their family members and colleagues.

## Caring for your people during moments that matter

Approximately 45% of cancer diagnoses in the U.S. affect those of working age. Of those diagnosed, roughly 40% of cancer survivors will never return to work. Aside from poor return-to-work rates, those diagnosed with cancer experience unnecessary hospital visits due to:

- **Lack of self-support and pain management.**
- **Unaddressed mental health hindering treatment and recovery.**
- **Reduced physical activity worsening fatigue and recovery delays.**

Osara Health addresses these challenges by offering personalized support, holistic approaches, and expertise, empowering individuals to navigate their cancer journey more effectively and regain control through:

- **Access to the Osara Health app (#1 oncology app in the US).**
- **Weekly online lessons.**
- **Dedicated Health Coach**
- **Motivation articles.**

**8.2x**

Return on Investment<sup>5</sup>

**73%**

Participants are 73% more likely to return to work<sup>3</sup>

**94%**

Program engagement<sup>4</sup>

**84+**

Net Promoter Score<sup>4</sup>

**80%**

Report that Osara Health mostly improved their productivity<sup>4</sup>

Boost employee retention and guide them toward better health outcomes.

Get in touch at [contact@osarahealth.com](mailto:contact@osarahealth.com)

Trusted by:



References:

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2. Tevaarwerk AJ, Lee JW, Terhaar A, Sesto ME, Smith ML, Cleeland CS, Fisch MJ. Working after a metastatic cancer diagnosis: Factors affecting employment in the metastatic setting from ECOG-ACRIN's Symptom Outcomes and Practice Patterns study. Cancer. 2016 Feb 1;122(3):438-46. doi: 10.1002/ncr.29656. Epub 2015 Dec 21. PMID: 26687819; PMCID: PMC4724218.
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4. Osara Health Internal Data available upon request.
5. Internal estimate, after analysing the estimated impact of our return-to-work study on absenteeism, presenteeism and staff retention.