

# A digital oncology program proven to reduce the impact of cancer on your organisation

## Support for your people that improves your bottom line

Osara Health is a Oncologist founded company that combines award-winning technology with personalised coaching to support employees:

1. Diagnosed with cancer (Cancer Coach)
2. In a caregiving capacity (Cancer Caregivers)
3. At high risk of cancer (Awareness Initiatives)

Osara Health's programs are based on evidence that shows employees who better self-manage and adopt healthy behaviours have fewer treatment discontinuations, improved outcomes, lower costs and an earlier return to work. A link to Osara Health's peer-reviewed clinical research can be found [here](#).

## "You have cancer."

Those three words will change the lives of your employees, their family members and colleagues.

## Technology meets personalised support

Approximately 40% of people diagnosed with cancer in the Australia are of a working age<sup>1</sup>. Unfortunately, around 40% of cancer survivors never return to work<sup>1</sup>. In addition to poor return-to-work outcomes, employees experience unnecessary and avoidable hospital visits.

- Access to the Osara Health app (#1 oncology app in Australia, US and NZ)
- Weekly online modules
- One-on-one support via a dedicated health coach
- Motivation articles

Osara Health enhances existing benefits solutions like EAP and wellness programs. Osara Health is a self-management, behaviour change solution.

# 8.2x

Return on Investment<sup>4</sup>

# 73%

Participants are 73% more likely to return to work<sup>2</sup>

# 94%

Program engagement<sup>3</sup>

# 84+

Net Promoter Score<sup>3</sup>

# 80%

Report that Osara Health mostly improved their productivity<sup>3</sup>

Retain and support your employees today by reaching out to [contact@osarahealth.com](mailto:contact@osarahealth.com).

Trusted by:



Commonwealth Bank



Australian Government

#### References:

1. Australian Institute of Health and Welfare (AIHW) Cancer incidence 2020 <https://www.aihw.gov.au/reports/cancer/cancer-data-in-australia/contents/about>.
2. Lo J, Ballurkar K, Fox S, Tynan K, Luu N, Boyer M, Murali-Ganesh R. A Digital Coaching Intervention for Cancer Survivors With Job Loss: Retrospective Study. JMIR Cancer. 2021 Nov 23;7(4):e31966. doi: 10.2196/31966. PMID: 34710853; PMCID: PMC8663674.
3. Osara Health Internal Data available upon request.
4. Internal estimate, after analysing the estimated impact of our return-to-work study on absenteeism, presenteeism and staff retention.